

Research on the Reform and Innovation Path of Campus Football Teaching in Normal Universities Based on Cooperation Ability

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Abstract: Football is a highly spread sport in our country, which is widely welcomed by the public and is an important part of physical education. As a multi-player sport, football requires not only enthusiasm but also professional basic knowledge and skills. In the context of deepening the reform of the education system, there are related problems in many aspects such as football education resources and teaching methods, which will affect the sustainable development of football teaching to varying degrees. As a sport which aims at attacking the goal of the other side, football mainly tests the players' footwork and skills. Based on the perspective of cooperation ability, this paper discusses the situation before and after the reform of football education in physical education, as well as how to innovate the campus Football Teaching in normal universities. In the environment of football teaching reform, we must innovate the traditional teaching concept, innovate the diversified teaching methods, and provide perfect environment for football teaching.

1. Introduction

Football is known as "the world's first sport" and it is one of the most popular, widely developed and influential sports in the world. As a sport aiming at scoring the opponent's goal, football mainly tests the players' footwork and skills [1]. Football requires players to give full play to their personal advantages and cooperate with teams. Good personal skills and perfect team tactics are the main factors for winning football matches [2]. The rapid development of football has also brought about the upsurge effect of "campus football fever". As far as the current development is concerned, football, as the world's largest sport, has a wide range of popularity in China and is deeply loved by college students, middle school students and primary school students. There are some problems that need to be solved urgently in the development of campus football. Therefore, in the new era, campus football teaching should carry out a series of teaching practice reforms aiming at the existing problems [3]. In the process of football matches, players should strictly abide by the rules of the match, attack and defense will be carried out at the same time, in the case of the other team score less, make their team get more points [4]. In the context of the in-depth reform of the education system, there are related difficulties in many aspects such as football education resources and teaching methods, which will affect the sustainable development of football education to varying degrees [5].

Campus football activities are carried out with the purpose of strengthening the physical fitness of students, cultivating youths' spirit of hard work, solidarity and cooperation. It is to popularize football knowledge and skills among young students, form a campus football culture, and cultivate young people with comprehensive development and outstanding skills. Football Reserve Talents [6]. With the development of Sunshine Sports in full swing, the development of football on campus will promote the in-depth development of activities, while greatly enriching the content of campus activities and promoting students' active cultural activities [7]. At present, college students, middle school students, and elementary school students all like it because of the widespread popularity of football. To develop football on campus, we need to reform its teaching so that it can better meet the needs of students and adapt to social development. As a sport with the goal of breaking into the opponent's goal, football mainly tests the footwork and skills of players. Football requires players to develop their personal advantages while cooperating with the team. Good personal skills and perfect

team tactics are the main factors for winning a football game [9]. Based on the perspective of cooperation ability, this article discusses from the pre- and post-reform situation of football education and how to carry out the innovation of football teaching in college campuses.

2. The Present Situation and Necessity of Football Teaching in Normal Universities

Through the reform of football teaching, the country has increased its attention to quality education and football education in normal universities. At present, football education in normal universities is divided into two aspects: theoretical knowledge and skill teaching. More and more schools set the teaching of basic football theory as the basic teaching content. When learning football theory teaching, schools take mastering basic football theory knowledge, football competition rules and scientific exercise methods as their main teaching objectives, ignoring the teaching results after clearly stating the teaching objectives. For a long time, football teaching objectives have become mere formality. Due to the influence of exam-oriented education, the vast majority of schools do not pay enough attention to primary school football, have no professional coaches, no special training funds, and lack of venues and equipment. In addition, many parents worry that participating in football training will affect their children's academic performance, resulting in less than 1% of schools nationwide carrying out campus football [10]. As students who are learning subjects, there are differences in individual physical quality. In the process of football teaching, each student's skills should be brought into full play as much as possible according to the characteristics of the students. However, many teachers do not treat individual differences differently in teaching practice. The content of football teaching is mainly to cultivate football skills, mainly to help students master football skills, to stimulate students' love of football, and to develop a lifelong sports consciousness. However, purely technical teaching will inevitably make students feel single and boring, reduce their enthusiasm for learning, and it is not good for students to learn and master football skills.

In football teaching, some teachers do not run through the football teaching guidelines, and even some schools lack effective attention to football, and the teaching field equipment cannot meet the teaching needs. Physical education before the reform was mainly in the form of one-to-many. In football, multiple students face the same coach and learn at the same time. The efficiency of such teaching is very low. Many students have a strong interest in football. During the class, it is difficult for one or two teachers to provide targeted guidance and training to the students. Guided by the development goals of quality education, and guided by the general principles of university education and teaching reform, the necessary reforms must be carried out in college football to promote the development of students' overall quality [11]. At present, most college football teaching content is highly competitive, lacks teamwork spirit and understanding of football competition rules, and further deepens the course content from students' real life. Student learning interest. In many schools, the lack of adequate football training grounds for teaching and the replacement of basketball courts or other venues can hurt students in sports. There is a lack of time for physical education classes for teachers and students. Two or three physical education classes a week can't meet the sports needs of students of this age.

3. Innovation Path of Football Education in Normal Universities

3.1. Carry out football activities

In football education, the number of leagues should be appropriately increased, the competition system should be improved, the corresponding standards should be formulated, and certain rewards should be given to the participants as encouragement. Parents think that football is a vigorous sport. If you are not careful, you will get hurt. Most importantly, there is no broad space for development. Therefore, it is not worth spending more time and energy on this sport. Influenced by the traditional school football education mode and concept, the reform of school football faces no small obstacles. At present, the urgent problem to be solved in the reform of campus football is to dilute the

traditional teaching concept, innovate the teaching methods and teaching means, and correctly guide the development of campus football activities. The development of campus football activities is mainly co-sponsored by the Ministry of Sports and the Ministry of Education, and co-sponsored by the municipal finance and the Communist Youth League and other administrative departments. Therefore, it is necessary to improve and perfect the management coordination mechanism, introduce the supervision and evaluation mechanism, strengthen the governance awareness of schools, markets, society and other major centers, and mobilize their participation enthusiasm. In the current football teaching reform, we need to take the teaching mode as the entrance to the reform. Not only to optimize the original teaching mode, but also to reconstruct the specific teaching activities. It is necessary to innovate the way of football publicity so that students and parents can better understand football and improve their interest in football. It is necessary to combine football with students' daily study and life to form all kinds of life football. Through football, students' life habits and outlook should be changed to improve their self-study and self exercise ability.

3.2. Create a football atmosphere

In the teaching process, it is necessary to closely differentiate individual students, subdivide teams and groups, and then set up corresponding teaching plans and evaluation systems according to the actual football level of different teams and groups, so as to enable students to actively learn and improve their overall quality. In order to better expand the influence of campus football, we should mobilize the daily input from all levels of society and further explore the functions of football competition mode, reserve personnel training mode, reward mode, organization and management mode, and guarantee mode [12]. The addition of professional football teachers can enable students to understand more football knowledge and treat football more rationally. Therefore, we should improve the treatment of professional football teachers, so that the team of football teachers continue to inject new strength. Innovate the teaching form, make it diversified, perfect and enrich the teaching content, build a perfect evaluation system, create a relaxed learning atmosphere for students, inspire them to take the initiative in football training, only in this way, can we better enhance the comprehensive quality and football level of students.

3.3. Improve the management system of football activities

Physical education teachers in normal universities should combine the actual situation of students and the characteristics of football teaching to decompose the subject contents of each chapter, guide students to clearly understand the football skills they need to master, and if necessary, carry out outdoor teaching activities to guide students to practice the football skills they have learned, so as to help students consolidate the football skills in repeated training. In the teaching process, it is necessary to closely differentiate individual students, subdivide teams and groups, and then set up corresponding teaching plans and evaluation systems according to the actual football level of different teams and groups, so as to enable students to actively study and further improve their overall quality. Physical education teachers can make clear the psychological characteristics of students from the perspective of tactical awareness, and on this basis, they can carry out clear actual combat activities. In this process, they can explain the rules of football matches to students using easy-to-understand language, and mobilize students to participate in football learning to the maximum extent. In order to motivate students to participate in football teaching, we can take the form of small-scale competition to create a real game atmosphere for students, and students can enhance their tactical awareness and implementation awareness in the football atmosphere close to the real game scene. Innovate the teaching form, make it diversified, perfect and enrich the teaching content, build a perfect evaluation system, create a relaxed learning atmosphere for students, inspire them to take the initiative in football training, only in this way, can we better enhance the comprehensive quality and football level of students.

4. Conclusion

Football is widely concerned and welcomed in our country, and it is also an important part of physical education. In addition to its physical fitness function, football can also reflect the development level of regional sports. The school offers football courses, which greatly improves students' enthusiasm for football and plays an important role in quality education. The school offers football courses, which greatly improves students' enthusiasm for football, which plays an important role in quality education. Teachers should pay attention to the instillation of skills in the teaching of knowledge and technology, pay more attention to the comprehensive requirements of the all-round development of students' quality in the new era, and pay attention to the cultivation of students' behavior education, psychological development and many other aspects of comprehensive literacy. Although there are still some problems need to be improved in the football education of Normal University, some achievements have been made in the education reform. Only by improving the education system can we train talents with all-round development in morality, intelligence, physique and aesthetics for our country. Under the environment of football teaching reform, we must innovate the traditional teaching concept, closely combine the individual differences of students, provide perfect environmental conditions for football teaching and innovate diversified teaching methods, so as to improve the quality of football teaching in normal universities.

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